



## FDM Intensive course in Hannover / Germany

Academy for manual therapy, Fuhrberger Str. 2, 30625 Hannover

Nearby: Medical University Hannover (MHH)

### Fascia – Distorsion - Model – FDM – according to Dr. Typaldos

(lat: "fascia" connective tissue – "distorsion" – twisted)

The FDM model is a very effective new method in pain management for patients with musculoskeletalneural pain.

It was developed by Dr. Stephen Typaldos, emergency medical specialist and osteopath. He came up with this theory in 1991.

He had realized that his patients although they came with different medical diagnosis, always showed the same body language and came up with the same symptoms.

To him the principle of this phenomenon was 6 different fascia distortions, which differ in some parts, for example locations, quality of pain and the discription of the symptoms.

For all these distortions he created a classification of treatments on the basis of osteopathy, chiropractic and manual therapy.



### **FDM –Intensive course (Modules 1 – 3 in one week)**

**Time: Monday, 07<sup>th</sup> – Saturday, 12<sup>th</sup> of February 2022**

(Monday. – Friday. 9:00 – 17:00, Saturday. 9:00 – 13:00)

**Course fee:** 998,-€ incl. lecture notes / script

**Instructor:** Mathias Brachetti – FDM Instruktor – IFDMO

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